

Kinetic Letters – Y1 weekly planning overview

Kinetic Letters Year 1 Planning Summary	Term 1 overview	wk	Focus: Strength. Writing Position	Focus: Single letters & Pairs	Focus: Pencil Pick-up routine	Focus: Feeling Flow/doodle trail
		1	Writing positions: check/review	Tree. 6 Moves. Jumpers: h n	Pencil Pick Up routine/checks	Flow: sensation & language
		2	Animal positions: integrate	Jumper Family	Pencil Helpers: review use	Rhythm & Flow in letters
		3	Floor Push-Ups. Monkey bars	Jumper Family	Monkey smile targets (shapes)	Rhythm & Flow in letters
		4	Clapping games. Crawling	Abracadabra Family	Monkey smile targets (letters)	Rhythm & Flow in letters
		5	Dexterity. Coin-challenge	Abracadabra Family	Check Pencil Pressure	Rhythm & Flow in letters
		6	Writing positions: check/review	Window Cleaner Family	Finger workouts	Rhythm & Flow in letters
			Focus: Strength & Dexterity	Focus: Singles/Pairs. Numbers	Focus: Pencil Checks	Flow and Speed
		7	Review/Set Strength targets	Special Squirter	Review Pencil Hold progress	Rhythm & increase speed
		8	Writing positions: check/review	Fisher Family	Monkey smile targets (shapes)	Rhythm & increase speed
		9	Animal positions: integrate	Slider Family	Check pencil lays across hand	Rhythm & increase speed
		10	Coin-challenge: integrate	Letter Family Challenges	Monkey smile targets	Doodle drawings
		11	Crawling/Meerkat: in PE	Pushing numbers	Pencil Helpers: review use	Doodle drawings
		12	Strength targets: set for holiday	Pulling numbers	Monkey smile targets (numbers)	Doodle drawings
	Term 2 overview		Focus: Strength. Writing Position	Focus: Capitals	Focus: Pencil Pick-up routine	Focus: Snuggle Pairs/Words
		1	Review/Set Strength targets	Letter Family challenges	Review Pencil Hold progress	Doodle patterns
		2	Writing positions: check/review	Letter Family challenges	Pencil Helpers: review use	Doodle patterns
		3	Animal positions: integrate	Capitals: Straight Lines group	Monkey smile targets	Heights and Proportion
		4	Coin-challenge: integrate	Capitals: Curved Lines group	Finger workouts	Heights and Proportion
		5	Lizard Position: review use	Capitals: Lines then Curves group	Check pencil pressure	Heights and Proportion
		6	Cube/Blu Tack twiddling	Capitals: Sliding Lines	Monkey smile targets	Heights and Proportion
			Focus: Strength & Dexterity	Focus: Pairs/Words	Focus: Pencil Checks	Focus: Snuggle Pairs/Words
		7	Review/Set Strength targets	Jumper Family	Review Pencil Hold progress	Snuggling
		8	Writing positions: check/review	Abracadabra Family	Pencil Helpers: review use	Letter heights: s
		9	Animal positions: integrate	Window Cleaner Family	Monkey smile targets	Letter heights: l t i
		10	Coin-challenge: integrate	Special Squirter	Finger workouts	Flow
		11	Crawling games in PE	Fisher Family	Check pencil lays across hand	Descenders correct
		12	Strength targets: set for holiday	Slider Family	Monkey smile targets	Letter heights: w k
	Term 3 overview		Focus Strength. Writing Position	Focus: Words	Focus: RAP & workouts	Focus: Flow & Speed
		1	Review/Set Strength targets	Letter Family Challenges	Review Pencil Hold progress	Doodle patterns
		2	Writing positions: check/review	Snuggle letters in words: List 1	Teach RAP for workouts	Snuggling into words
		3	Animal positions: integrate	Snuggle letters in words: List 2	Monkey smile targets	Spacing between words
		4	Coin-challenge: integrate	Snuggle letters in words: List 3	Finger/Pencil workouts RAP	Snuggling into words
		5	Lizard Position: review use	Snuggle letters in words: List 4	Check pencil pressure	Spacing between words
		6	Cube/Blu Tack twiddling	Snuggle letters in words: List 5	Finger/Pencil workouts RAP	Snuggling into words
			Focus: Strength & Dexterity	Focus: Numbers. Capitals	Focus: Pencil Checks/RAP	Focus: Snuggle Pairs/Words
		7	Review/Set Strength targets	Pushing Numbers	Review Pencil Hold progress	Speed & Flow in Numbers
		8	Writing positions: check/review	Pulling Numbers	Pencil Helpers: review use	Speed & Flow in Numbers
		9	Animal positions: integrate	Capitals: revise in groups	Finger/Pencil workouts RAP	Speed & Flow in Capitals
		10	Coin-challenge: integrate	Capitals: revise in groups	Monkey smile targets	Speed & Flow in Capitals
		11	Crawling games in PE	Letter Family Challenges	Finger/Pencil workouts RAP	Doodle patterns
		12	Strength targets: set for holiday	Letter Family Challenges	Monkey smile targets	Doodle patterns