

Kinetic Letters – EYFS weekly planning overview

Kinetic Letters Reception Planning Document

wk	Focus: Building Strength	Focus:6 Letter Moves & single letters	Begin foundations as appropriate	Focus: Flow movement	
Term 1 overview	1	Animal positions. Finger rhymes	6 Moves: Identify and label	3 Friends: naming fingers	
	2	Floor Push-ups. Monkey bars	6 Moves: Monkeys/Tree	Holding Fingers bead Pick Up	
	3	Echo-clapping Crawling	6 Moves: Move it, Say it, Write it	3 Friends Finger workouts	
	4	Hand Strength/Dexterity targets	6 moves: Magician & Trails	Peg Pick Up/Pencil Pick Up	Flow: Feeling/language
	5	3 Friends. Finger-rhymes	Jumper Family: h n	Peg Pick Up/Pencil Pick Up	
	6	Use of Writing/Helping Hand	Jumper Family: m r	Peg Pick Up/Pencil Pick Up	
		Focus: Strength & Dexterity	Focus: Single letters	Focus: Pencil Pick-Up routine	Focus: Flow movement
	7	Review/Set Strength targets.	Jumper Family: b p	Pencil Pick Up routine/checks	Flow: Feeling/language
	8	Review/Check Writing positions	Signpost. Abracadabra Family: c o	Pencil Helpers/vertical surface	
	9	Review use of Animal positions	Abracadabra Family: a d	Monkey smile targets (shapes)	
	10	Hand Strength/Dexterity targets	Abracadabra Family: g s	Monkey smile targets (letters)	
	11	Crawling: integrated in/out	Window Cleaner Family: l t	Monkey smile targets (letters)	Doodle trails/patterns
12	Set Strength targets for holiday	Window Cleaner Family: i u	Monkey smile targets (letters)		
	Focus: Strength/ Writing Position	Focus: Single letters (extn Pairs.)	Focus: Pencil Pick-Up routine	Focus: increase Flow	
Term 2 overview	1	Review/Set Strength targets	Jumper Family. Draw Tree symbol	Review Pencil Hold progress	Flow: Feeling/language
	2	Review/Check Writing positions	Squitter and Fisher letter j	Pencil Helpers: review use	
	3	Review use of Animal positions	Fisher Family: y f g	Monkey smile targets	
	4	3 Friends chats/Finger rhymes	Slider Family: v w x	Monkey smile targets	Doodle trails/patterns
	5	Hand Strength/Dexterity targets	Slider Family: z k	Monkey smile targets	
	6	Crawling: refresh provision	Abracadabra Family (& teach q)	Monkey smile targets	
		Focus: Strength & Dexterity	Focus: Pairs & Numbers	Focus: Pencil Checks	Focus: Snuggling
	7	Review/Set Strength targets	Pushing Numbers	Review Pencil Hold progress	Doodle trails/patterns
	8	Review/Check Writing positions	Pulling Numbers	Pencil Helpers: review use	
	9	Review use of Animal positions	Jumper Family: Target pairs	Monkey smile targets	Letter height: n m
	10	Integrate Coin-challenge	Abracadabra Family: Target pairs	Monkey smile targets	Letter height: s
	11	Hand Strength/Dexterity targets	Window Cleaner Family: Target pairs	Monkey smile targets	Letter height: l t i
12	Set Strength targets for holiday	Fisher Family: Target pairs	Monkey smile targets	Descenders correct	
	Focus Strength & Writing Position	Focus: Capitals & words	Focus: Pencil Hold maintenance	Focus: Targets	
Term 3 overview	1	Review/Set Strength targets	Slider Family: Target pairs	Review Pencil Hold progress	Letter height: w k
	2	Review/Check Writing positions	Capitals: Straight lines group	Pencil Helpers: review use	
	3	Review use of Animal positions	Capitals: Curved lines group	Monkey smile targets	
	4	Integrate Coin-challenge	Capitals: Lines then Curves group	Monkey smile targets	
	5	Crawling: refresh provision	Capitals: Sliding lines group	Monkey smile targets	
	6	Cube/Blu Tack twiddling	Snuggling letters into words: List 1	Monkey smile targets	Snuggling into words
		Focus: Strength & Dexterity	Focus: Words & Numbers	Focus: Pencil Hold maintenance	Focus: Snuggling words
	7	Review/Set Strength targets	Snuggling letters into words: List 2	Review Pencil Hold progress	Snuggling into words
	8	Review/Check Writing positions	Snuggling letters into words: List 3	Pencil Helpers: review use	Snuggling into words
	9	Review use of Animal positions	Snuggling letters into words: List 4	Monkey smile targets	Snuggling into words
	10	Hand Strength/Dexterity targets	Snuggling letters into words: List 5	Monkey smile targets	Snuggling into words
	11	Integrate Coin-challenge	Pushing Numbers	Monkey smile targets	Doodle trails/patterns
12	Set Strength targets for holiday	Pulling Numbers	Monkey smile targets	Doodle trails/patterns	