

Sports News

November 2022 Edition A



Northamptonshire
sport
The Voice For Sport

SCHOOL GAMES

Town Cross Country – Years 4-6: All schools from Northampton took part in the Town Cross Country at Abington Park this week with up to 100 children taking part in each race. Congratulations to all of our children for showing a can-do attitude and a huge amount of perseverance in tackling their event. We also took along some ‘assistant coaches’ in the form of Year 6 who did brilliantly at warming up the children and meeting them at the finish line to record results. A special mention to Kody who came 1st, Finley 2nd, Teyanna 15th and Swayley 16th in their respective races.



Year 5 Multi Sports Festival: Throughout the year, Northampton School for Girls will be hosting multi sports festivals for Years 3, 4 and 5 (with Year 6s at Abington Park). This week, 5P took part and were a credit to our school showing enthusiasm, listening to the sports leaders as well as socialising with other children from attending primary schools. They took part in Cricket, Handball, Athletics, Ball Skills and team-building activities.

Swimming: Learning to swim is an essential part of life. This term we have started our Swimming lessons with Year 5, continuing after Christmas. Year 4 will also be swimming this year as well. Swimming is part of the National Curriculum which aims to improve water confidence, strokes and life-saving skills. Below are some of the swimming schools available in Northampton:

- Everyone Active (Moulton College) - <https://www.everyoneactive.com/courses-lessons/>
- Trilogy Leisure Centre (4 locations) - <https://www.trilogyleisure.co.uk/junior-activities/trilogy-swim-school/>
- Nuffield Health (Sixfields) - <https://www.nuffieldhealth.com/gyms/northampton/services/swimming-lessons>
- Water Wizards (NSB and NSG schools) - <https://www.swimwithwaterwizards.co.uk/>
- Jump into Swimming (Gateway and Weston Favell schools) - <https://www.jumpintoswimming.co.uk/>
- Aqualight (various locations including Barry Road PS, The Beehive and Weston Favell Academy) - <https://www.aqualight.co.uk/classes/junior-swimming.html>

